

leaves the team without the permission of the coach, he/she will not receive a varsity letter for that sport.

- G. **Attendance at Practice, Contest and Events** - Attendance is important, not only during regular school hours, but at all practice sessions, contests and activities. Students must adhere to attendance criteria as established by the Coach or Advisor.
- H. **Blood Donations**—At the recommendation of the school physician, the day a student donates blood they will not be allowed to participate in interscholastic sports without a doctor's note.
- I. **Driving to/from school sponsored off-campus activities**— Students involved in school sponsored activities are expected to ride to and from activities in school owned vehicles (except when a parent or guardian submits a written request to transport the student to or from the event). Students will not be allowed to ride with anyone other than their parent/guardian unless special permission is granted by the Principal due to extraordinary circumstances. Students should not expect to be dropped off at home after athletic contests.
- J. **Student Managers** – Student managers are expected to comply with all rules and regulations associated with our athletic program.
- K. **Extended Absence During a Sport Season**— Student athletes that do not participate in a school sponsored practice and/or game for seven or more consecutive calendar days MUST complete at least three practices to become re-qualified as "Contest Qualified" (see NYSPHSAA guidelines). Absences from practice due to injury or illness must also be made up unless the athlete presents a written release from a medical doctor clearing him/her for participation. Exceptions to this policy may be made by the High School Principal.
- L. **Supervision of Students Before/After School Sponsored Events/Practices** - Coaches/ advisors are responsible for supervising the students in their respective activities while those students are participating in a practice/activity. Students involved in a practice/activity should be picked up at school when the practice/activity concludes. Students SHOULD NOT arrive at school for their practice/activity more than 15 minutes prior to the established start time for the practice/activity.
- M. **National Honor Society, FFA and Student Council.** Members of these groups will abide by the rules described in this guide for the entire

time that they serve in the National Honor Society and FFA, or in the case of the Student Council, the entire time from the date of their election until their term ends.

Students who will be returning to school (all non-seniors) and accept entry into these organizations are agreeing to follow the code even when school is not in session. This includes the summer vacation, as well as all other vacations.



## INTERSCHOLASTIC ATHLETIC AND EXTRA-CURRICULAR GUIDE

### THINGS-TO-DO

1. Parent(s)/Guardian(s) and their child need to read and sign the guide.
2. This form **MUST** be returned to your Coach/Advisor **PRIOR** to the start of the sport season or activity. Failure to do so will result in the student being declared ineligible for participation in the sport or activity.

## Greenwich Junior-Senior High School

2013



2014

### Interscholastic Athletic and Extra-Curricular Code of Conduct

Participation in interscholastic sports and extra-curricular activities at Greenwich Central School is a privilege. GCS has a long and proud tradition of excellence in extra-curricular activities. As a member of a team or club, students represent not only Greenwich, but also their parents, coaches, advisors and community.

Therefore, certain responsibilities accompany student participation. All students who plan to participate in interscholastic athletics and extra-curricular activities are responsible for understanding and abiding by this Code of Conduct. It is our intention to make all parents and participants aware of the expectations for proper attitude and behavior. In order to participate in co-curricular activities and/or interscholastic sports at Greenwich Central School, a student and his/her parent **must** sign the yellow consent form included in this pamphlet.

The Code of Conduct is reviewed and revised yearly by the High School administration and Athletic Director. At least one annual meeting will also be held to review this code with interested members of the community, faculty and student body.

All coaches and advisors employed by the Greenwich Central School District will review this code with their participants (and with parents when possible) at the beginning of each season/activity.

By signing this code, students are pledging that they will abide by the rules listed herein. This Code of Conduct will become active when a student's activity/athletic season begins.

## Interscholastic Athletic and Extra-Curricular Rules And Regulations

### I. Minimum Daily Attendance:

- A. Students not in attendance for the school day may not attend after school events, unless authorized by a Building Principal.
- B. Students must be in **continuous attendance until 2:30 p.m., arriving no later than 8:30 a.m.**, in order to participate or attend that day's activities - afternoon or evening. Exceptions may be granted by the Principal based on extenuating circumstances. Students that must leave during the school day for a legal reason MUST present a parent/doctor's note that documents the reason for the legal absence to the Attendance Office to be eligible for participation.
- C. Students arriving after 8:30 a.m. with a note from their parent/guardian stating that they were sick, will not be allowed to participate in after-school activities.

### II. Academic Performance/Eligibility:

As an educational institution, Greenwich Central School wishes to place a strong emphasis on academic excellence. To this end, the district provides assistance to those students who are experiencing academic difficulties.

Students participating in extra-curricular and/or intramural activities who are failing two or more subjects at the end of a five week evaluation period will begin a five week probationary period. This academic probation period will begin the first school day following the release of the failure list. During the first week, students will continue to practice/rehearse/play or attend meetings. Within the first week they must demonstrate that they have improved their grades to the point that they are not failing two or more subjects. If they are able to do this they will be eligible to play or perform in a major event or interscholastic contest the following week. If they are unable to do this, they will not be allowed to compete/participate in one major event during the following week. The student will continue with this process weekly until the next five week grades are acquired. The Athletic Director/Advisor will coordinate with the coaches/advisors to have athlete/participant complete the requirements on a weekly basis using the Academic Eligibility Weekly Report.

For the purpose of academic eligibility, the final year average will serve as the final five week evaluation of the school year and will be used to determine eligibility for the succeeding school year (fall). Students may improve their eligibility status by successfully passing failed subjects at an approved summer school. Students who are failing two or more subjects after summer school will begin the year on academic probation and have to fill out a Weekly Report.

### III. School and Community Behavior:

- A. Student athletes will not display behavior which

could be detrimental to themselves, other students, the team, the school or community. Examples of this type of behavior include, but are not limited to:

- Missing practices/games without permission
  - Using profane or vulgar language or gestures while representing the school
  - Displaying poor sportsmanship or becoming insubordinate to a coach or an official
  - Hazing and/or participating in bullying or harassing behaviors while representing the school.
- B. An in-season athlete/participant shall not be in possession of an alcoholic beverage nor consume an alcoholic beverage.
  - C. An in-season athlete/participant shall not be in possession of a tobacco product nor use a tobacco product.
  - D. An in-season athlete/participant shall not be in possession of, under the influence of, or be consuming or using marijuana, anabolic steroids, synthetic drugs or any illegal and/or controlled substance or prescription drug not prescribed for the student by a licensed medical practitioner. Students who find themselves at a location where prohibited or illegal activities are taking place must make every effort to safely leave as soon as possible. Students shall never intentionally visit a destination where prohibited or illegal activities are occurring or are planned to occur.
  - E. An in-season athlete/participant shall not be in possession or under the influence of drugs or alcohol on school property, supply drugs or alcohol to other students, or host a party in which alcohol or drugs are present. Violations of this type will be considered more severe offenses and will likely be considered a second offense.
  - F. An in-season athlete/participant shall not accumulate 12 discipline points in four weeks or abuse school rules.
  - G. A coach or advisor of a co-curricular activity may impose additional requirements which are unique to his/her activity or sport.
  - H. All coaches and activity advisors will insure that no athlete/participant takes part or joins in any activity/contest prior to verifying the completion of the STUDENT/PARENT CONSENT AGREEMENT form.

*Consent forms for athletes will be turned in to the Athletic Director for filing. Consent forms for all other activities will be filed in the Main Office.*

### IV. Consequences -

*With respect to violations of Section III the following disciplinary responses will be used as a guide by the Principals.*

#### FIRST OFFENSE –

**1 week (7 calendar days) suspension from the activity (minimum).** The Principal will determine the suspension start date. The student, parent and activity related staff will be informed of the dates. During the suspension, a student may not participate in any Interscholastic Athletic contest or Extra-Curricular activity. The student MUST continue to participate in all practices, rehearsals, etc.

#### SECOND OFFENSE –

**2 weeks (14 calendar days) suspension from the activity.** The Principal will determine the suspension start date. The student, parent and activity related staff will be informed of the dates. During the suspension a student may not participate in any Interscholastic Athletic contest or Extra-Curricular activity. The student MUST continue to participate in all practices, rehearsals, etc.

#### THIRD OFFENSE -

**1 month (30 calendar days) suspended from the activity.** The Principal will determine the suspension start date. The student, parent and activity related staff will be informed of the dates. During the suspension a student may not participate in any Interscholastic athletic contest or Extra-Curricular activity. The student MUST continue to participate in all practices, rehearsals, etc.

#### FOURTH OFFENSE -

**Removal from all extracurricular activities for the duration of the school year.**

### V. Parental Notification/Appeals

- A. In all cases of action under the code, the parents of the involved student will be notified in person or by telephone immediately following the disciplinary action. The parents will also be notified in writing in a follow-up letter written by the Athletic Director/advisor who implements the disciplinary action. All such letters will be maintained on file by the Athletic Director/advisor.
- B. The student and/or his/her parents or guardians may appeal the decision of the coach/advisor or the Principal and will be granted a hearing or hearings. Appeals will be heard by a supervisor one level above the person who implemented the punishment. Additional appeals at higher levels may also be pursued.
- C. At the discretion of the Principal or the Superintendent, the suspension or dismissal from sports or other activities may extend into other sports seasons or other co-curricular activities. A student's overall disciplinary record will be the primary factor in a determination of this type.

### VI. Other Standards & Related Penalties

- A. **Examinations, Physicals, and Injuries –** Before a student may practice or participate on any team, he/she must be examined or cleared by a doctor. A Health Review form must be completed within 30 days prior to the start of the season and reviewed by the Health Office prior to participation in the sport. A yellow card is issued to each student that is declared medically eligible to participate in the sport and must be given to the coach prior to the start of practice. All injuries that occur during practice or games must be reported to the coach. If an injury requires medical examination, further participation requires clearance by the school nurse or doctor and the coach will fill out an Accident Report and submit it to the nurse.
- B. **Equipment and Uniforms –** Equipment and/or uniforms will be issued to activity members by the coach/advisor. Participants must return their uniforms and equipment to the coach or advisor within the week following the end of the season or activity. Each participant is responsible for any loss or damage to school items and until satisfactory restitution is made further participation in any athletic program or activity will not be allowed.
- C. **Season Eligibility –** Students will have until the first game of the sports season to be allowed to transfer to another sports program. Students will need the permission of the Athletic Director and the coach of the new team in order to transfer. Athletes that transfer to another sport MUST become "Contest Eligible" in the new sport per NYSPHSAA guidelines.
- D. **Two Sport Athletes -** Two sport athletes must declare their primary sport. They must attend all practices and events for that sport. They may attend the secondary sport if the scheduling of events does not conflict with the primary sport.
- E. **Dismissal from the Team –** In the event any student is dismissed from a team, he/she will not be permitted to join another team during that sport season without the permission of the new coach, the Athletic Director and the Principal.
- F. **Quitting a Team or Activity –** In the event that a student fails to attend scheduled practices and/or games without notifying the coach/advisor, he/she will have 3 school days to seek reinstatement to the team. The coach or advisor will act on these cases as he/she determines it to be in the best interest of the program or activity. If a student does not personally apply for reinstatement within the three-school day limit, he/she will be considered to have left the team or activity and is at that time given one week to hand in uniform and equipment. If an athlete